

Logic Model for the Family-Based Recovery (FBR) Program

Situation: Young children are at risk for maltreatment, poor developmental outcomes & out-of-home placement due to parental substance use

What is being invested?	What does FBR do?	What difference does FBR make?								
<ul style="list-style-type: none"> • Clinical staff <ul style="list-style-type: none"> ○ Time ○ Education ○ Experience • Involvement of community, consumer, & agency partners • Investment in supervision and training • Access to weekly consultation and supervision 	<ul style="list-style-type: none"> • Direct In-home Clinical and Case Management Services <ul style="list-style-type: none"> ○ Provides individual psychotherapy ○ Provides contingency management substance use treatment ○ Provides parent/child therapy ○ Provides an opportunity to engage in group therapy ○ Provides psychiatric evaluation and pharmacotherapy as needed ○ Meets with client 3 times a week for first 6 months ○ Conducts toxicology screens and breathalyzers ○ Conducts developmental screenings ○ Completes periodic tools and measures to monitor substance use ○ Completes periodic measures to monitor the well-being of the child, parent and parent-child relationship ○ Links client to community resource as needed: <ul style="list-style-type: none"> ▪ Housing ▪ Education ▪ Employment ▪ Basic needs • Service Coordination among Providers <ul style="list-style-type: none"> ○ Coordinates referrals with DCF liaison ○ Participates in providers meetings ○ Attends pediatric appointments ○ Attends Family Court hearings • Supervision and Clinical Case Conferencing <ul style="list-style-type: none"> ○ Monthly meetings with DCF staff to review cases ○ Weekly reflective supervision at agency ○ Weekly consultation calls with FBR Services ○ Quarterly meetings and trainings 	<table border="1" style="width: 100%;"> <thead> <tr> <th style="text-align: center;">Short-Term Outcomes</th> </tr> </thead> <tbody> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Parent Outcomes <ul style="list-style-type: none"> ○ Parents demonstrate abstinence ○ Parents have lower levels of stress ○ Parents have fewer depressive symptoms ○ Parents display/exhibit a positive perception of their child ○ Parents are connected to additional treatment services, as needed ○ Parents are more financially stable ○ Parents have increased job readiness skills, if applicable ○ Parents identify and access a sober support network, as needed • Child Outcomes <ul style="list-style-type: none"> ○ Children experience fewer incidents of maltreatment ○ Children remain with biological family ○ Children are placed in appropriate kinship care if needed ○ Children's development is tracked, referrals/interventions provided as needed </td> </tr> </tbody> </table>	Short-Term Outcomes	<ul style="list-style-type: none"> • Parent Outcomes <ul style="list-style-type: none"> ○ Parents demonstrate abstinence ○ Parents have lower levels of stress ○ Parents have fewer depressive symptoms ○ Parents display/exhibit a positive perception of their child ○ Parents are connected to additional treatment services, as needed ○ Parents are more financially stable ○ Parents have increased job readiness skills, if applicable ○ Parents identify and access a sober support network, as needed • Child Outcomes <ul style="list-style-type: none"> ○ Children experience fewer incidents of maltreatment ○ Children remain with biological family ○ Children are placed in appropriate kinship care if needed ○ Children's development is tracked, referrals/interventions provided as needed 	<table border="1" style="width: 100%;"> <thead> <tr> <th style="text-align: center;">Expected Long-Term Outcomes</th> </tr> </thead> <tbody> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Parent Outcomes <ul style="list-style-type: none"> ○ Parents retain custody of their children ○ Parents do not put their children at risk because of substance use ○ Parents are better attuned to their child's needs • Child Outcomes <ul style="list-style-type: none"> ○ Children live in safe and stable home environments ○ Children have enhanced well-being and increased protective factors ○ Children have more secure attachment to parents </td> </tr> </tbody> </table>	Expected Long-Term Outcomes	<ul style="list-style-type: none"> • Parent Outcomes <ul style="list-style-type: none"> ○ Parents retain custody of their children ○ Parents do not put their children at risk because of substance use ○ Parents are better attuned to their child's needs • Child Outcomes <ul style="list-style-type: none"> ○ Children live in safe and stable home environments ○ Children have enhanced well-being and increased protective factors ○ Children have more secure attachment to parents 	<table border="1" style="width: 100%;"> <thead> <tr> <th style="text-align: center;">Data Sources</th> </tr> </thead> <tbody> <tr> <td style="vertical-align: top;"> <ul style="list-style-type: none"> • Measures of Substance Use <ul style="list-style-type: none"> ○ Toxicology screen data ○ GAIN-3 (pre-post) • Parenting Stress Index – Short Form • Edinburgh Depression Scale • Parental Reflective Functioning Questionnaire • Postpartum Bonding Questionnaire • FBR Discharge Information • PSDCRS data • FBR Data Set <ul style="list-style-type: none"> ○ Child placement at discharge ○ Referrals to DCF during treatment • DECA-I/T • ASQ and ASQ-SE </td> </tr> </tbody> </table>	Data Sources	<ul style="list-style-type: none"> • Measures of Substance Use <ul style="list-style-type: none"> ○ Toxicology screen data ○ GAIN-3 (pre-post) • Parenting Stress Index – Short Form • Edinburgh Depression Scale • Parental Reflective Functioning Questionnaire • Postpartum Bonding Questionnaire • FBR Discharge Information • PSDCRS data • FBR Data Set <ul style="list-style-type: none"> ○ Child placement at discharge ○ Referrals to DCF during treatment • DECA-I/T • ASQ and ASQ-SE
Short-Term Outcomes										
<ul style="list-style-type: none"> • Parent Outcomes <ul style="list-style-type: none"> ○ Parents demonstrate abstinence ○ Parents have lower levels of stress ○ Parents have fewer depressive symptoms ○ Parents display/exhibit a positive perception of their child ○ Parents are connected to additional treatment services, as needed ○ Parents are more financially stable ○ Parents have increased job readiness skills, if applicable ○ Parents identify and access a sober support network, as needed • Child Outcomes <ul style="list-style-type: none"> ○ Children experience fewer incidents of maltreatment ○ Children remain with biological family ○ Children are placed in appropriate kinship care if needed ○ Children's development is tracked, referrals/interventions provided as needed 										
Expected Long-Term Outcomes										
<ul style="list-style-type: none"> • Parent Outcomes <ul style="list-style-type: none"> ○ Parents retain custody of their children ○ Parents do not put their children at risk because of substance use ○ Parents are better attuned to their child's needs • Child Outcomes <ul style="list-style-type: none"> ○ Children live in safe and stable home environments ○ Children have enhanced well-being and increased protective factors ○ Children have more secure attachment to parents 										
Data Sources										
<ul style="list-style-type: none"> • Measures of Substance Use <ul style="list-style-type: none"> ○ Toxicology screen data ○ GAIN-3 (pre-post) • Parenting Stress Index – Short Form • Edinburgh Depression Scale • Parental Reflective Functioning Questionnaire • Postpartum Bonding Questionnaire • FBR Discharge Information • PSDCRS data • FBR Data Set <ul style="list-style-type: none"> ○ Child placement at discharge ○ Referrals to DCF during treatment • DECA-I/T • ASQ and ASQ-SE 										